




Menu for September 2020

Monday	Tuesday	Wednesday	Thursday	Friday
<p>31 AM Snack- Goldfish Lunch- Meatball Subs, Green Beans, Applesauce, Milk PM Snack- Muffins</p>	<p>1 September AM Snack- Vanilla Wafers Lunch- Chicken, Broccoli, Rice Bake, Carrots, Applesauce, Milk PM Snack- Honey Nut Cheerios</p>	<p>2 AM Snack- Blueberry Biscuits Lunch- Chicken Nuggets, Mashed Potatoes, Wheat Bread, Mixed Fruit, Milk PM Snack- Wheat Crackers</p>	<p>3 AM Snack- Honey Nut Cheerios Lunch- Steak Fingers, baked beans, apple sauce, milk PM Snack- Chex Mix</p>	<p>4 AM Snack- Fruit Loops Lunch- Spaghetti with Meat Sauce, Whole Grain Pasta, Green Beans, Mixed Fruit, Milk PM Snack- Wheat Crackers</p>
<p>7 KDC Closed Labor Day </p>	<p>8 AM Snack- Blueberry Biscuits Lunch- Taco Soup, Corn, Whole Grain Tortilla Shells, Pears, Milk PM Snack- Goldfish</p>	<p>9 AM Snack- Goldfish Lunch- Macaroni and Cheese, Baked Beans, Wheat Roll, Mixed Fruit, Milk PM Snack- Choc Chip Cookies</p>	<p>10 AM Snack- Vanilla Wafers Lunch- Pizza Rolls, Green Beans, peaches, Milk PM Snack- Chex Mix</p>	<p>11 AM Snack- Honeycomb Lunch- Chicken and Yellow Rice, Wheat Bread, Peas and Carrots, Pears, Milk PM Snack- Chocolate Graham's</p>
<p>14 AM Snack- Muffins Lunch- Beef Stroganoff, Buttered Wheat Noodles, Broccoli, Peaches, Milk PM Snack- Oyster Crackers</p>	<p>15 AM Snack- Trail Mix Lunch- Chicken Cordon Bleu, Carrots, Wheat Bread, Mixed Fruit, Milk PM Snack- Pretzels</p>	<p>16 AM Snack- Golden Grahams Lunch- Hash brown Casserole, Sausage, Cheese Grits, Mixed fruit, Milk PM Snack- Sugar Cookies</p>	<p>17 AM Snack- Cinnamon Crunch Lunch- Chicken and Cheese Crispito, Mixed Veggies, Oranges, Milk PM Snack- Animal Crackers</p>	<p>18 AM Snack- Yogurt Lunch- Chicken Alfredo, broccoli, oranges, Milk PM Snack- Pretzels</p>
<p>21 AM Snack- Apples Lunch- Hot Ham and Cheese sliders, Mixed Fruit, Milk PM Snack- Wheat Crackers</p>	<p>22 AM Snack- Golden Grahams Lunch- Sweet Sour Chicken, Rice, Carrots, Applesauce, Milk PM Snack- Cookies</p>	<p>23 AM Snack- Honey Nut Cheerios Lunch- Cheesy Chicken Casserole, Black Eyed Peas, Applesauce, Milk PM Snack- Vanilla cookies</p>	<p>24 AM Snack- Cheese and Crackers Lunch- Fish Nuggets, green beans, hushpuppies, peaches PM Snack- Animal Crackers</p>	<p>25 AM Snack- Bananas Lunch- Vegetable Beef Soup, Salad, Cornbread, Peaches, Milk PM Snack- Oyster Crackers</p>
<p>28 AM Snack- Cinnamon Toast Lunch- French Toast Sticks, Oatmeal, oranges, Milk PM Snack- Chocolate Chip Cookies</p>	<p>29 AM- Strawberry Yogurt Lunch- Western Beans, Carrots, Cornbread, Applesauce, Milk PM Snack- Honey Nut Cheerios</p>	<p>30 AM Snack- Banana Lunch- BBQ Spaghetti with Whole Grain Pasta, Cole slaw, Mixed Fruit, Milk PM Snack- vanilla cookies</p>	<p>1 October AM Snack- Bananas Lunch- Creamy Italian Chicken and Rice, Black eyed peas, Peaches, Milk PM Snack- Wheat Crackers</p>	<p>2 AM Snack- Vanilla Wafers Lunch- Meatballs with Brown Gravy, rice, Applesauce, Milk PM Snack- Honey Nut Cheerios</p>
<p>KDC is a peanut free facility. Due to peanut allergies please do not send items that have pea-</p>	<p>Whole Milk served to ages under 2 1% Milk served to ages 2 and up</p>	<p>Menu subject to change! Breakfast is either served at home or brought ready to eat</p>	<p>Labor Day Holiday-September 7th KDC closed</p>	