



Sample Menu

Monday	Tuesday	Wednesday	Thursday	Friday
AM Snack- Cinnamon Toast Lunch—French Toast Sticks, Oatmeal, oranges, Milk PM Snack—Chocolate Chip Cookies	AM— Strawberry Yogurt Lunch—Western Beans, Carrots, Cornbread, Applesauce, Milk PM Snack—Graham Crackers	AM Snack— Banana Lunch— BBQ Spaghetti with Whole Grain Pasta, Cole slaw, Mixed Fruit, Milk PM Snack—vanilla cookies	AM Snack- Vanilla Wafers Lunch—Chicken, Broccoli and Rice Bake, Carrots, Applesauce, Milk PM Snack— Oatmeal Crème Pie	AM Snack— Fruit Loops Lunch— Chicken Spaghetti, Whole Grain Pasta, Green Beans, Mixed Fruit, Milk PM Snack—Honey Nut Cheerios
AM Snack— Goldfish Lunch—Macaroni and Cheese, Baked Beans, Wheat Roll, Mixed Fruit, Milk PM Snack— Choc Chip Cookies	AM Snack— Blueberry Biscuits Lunch— Baked Ravioli, Cauliflower, Whole Grain Tortilla Shells, Pears, Milk PM Snack—Goldfish	AM Snack—Bananas Lunch— Cheesy chicken casserole, green beans, Applesauce, Milk PM Snack—Wheat Crackers	AM Snack— Cheese and Crackers Lunch—Chicken and Yellow Rice, Wheat Bread, Peas and Carrots, Pears, Milk PM Snack—Chex Mix	AM Snack— Vanilla Wafers Lunch— Pizza Rolls, Green Beans, peaches, Milk PM Snack—Pretzels
AM Snack—Muffins Lunch— Beef Stroganoff, Buttered Wheat Noodles, Broccoli, Peaches, Milk PM Snack—Oyster Crackers	AM Snack— Golden Grahams Lunch— Chicken fries, Mashed potatoes, Applesauce, Milk PM Snack—Cheese It's	AM Snack— Golden Grahams Lunch— Hash brown Casserole, Sausage, Cheese Grits, Mixed fruit, Milk PM Snack—Sugar Cookies	AM Snack—Vanilla Wafers Lunch— Creamy Italian Chicken and Rice, Black eyed peas, Peaches, Milk PM Snack—Honey Nut Cheerios	AM Snack— Yogurt Lunch— Ham, lima beans, roll, oranges, Milk PM Snack—Chex mix
AM Snack— Cheese Sand Crakers Lunch—Hot Ham and Cheese sliders, Mixed Fruit, Milk PM Snack—Wheat Crackers	AM Snack- Cinnamon Crunch Lunch—Chicken and Cheese Crispito, Mixed Veggies, Oranges, Milk PM Snack— Animal Crackers	AM Snack—Honey Nut Cheerios Lunch—Meatballs with Brown gravy and rice, Black Eyed Peas, Applesauce, Milk PM Snack—Vanilla cookies	AM Snack— Cheese and Crackers Lunch—Fish Nuggets, Green beans, hushpuppies, peaches PM Snack— Graham Crackers	AM Snack—Bananas Lunch— Vegetable Beef Soup, Salad, Cornbread, Peaches, Milk PM Snack—Oyster Crackers
AM Snack— Honey Nut Cheerios Lunch—Chicken Parmesan, Whole Wheat Pasta, Carrots, Peaches, Milk PM Snack— Trail Mix	AM Snack— Goldfish Lunch— Meatball Subs, Green Beans, Applesauce, Milk PM Snack—Muffins	AM Snack— Cheese crackers Lunch—Chicken Nuggets, Mashed Potatoes, Wheat Bread, Mixed Fruit, Milk PM Snack—Wheat Crackers	AM Snack— Captain Crunch Lunch—Steak Fingers, Baked beans, apple sauce, milk PM Snack— Chex Mix	AM Snack— Fruit Loops Lunch— Spaghetti with Meat Sauce, Whole Grain Pasta, Green Beans, Mixed Fruit, Milk PM Snack—Graham crackers
KDC is a peanut free facility. Due to peanut allergies please do not send items that have pea-	Whole Milk served to ages under 2 1% Milk served to ages 2 and up	Menu subject to change! Breakfast is either served at home or brought ready to eat		